

Asterisk * Indicates By Appointment Only

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	SHINE - by appt* 9:00 Woodcarving 10:00 Chair Yoga 10:00 Knitting 10:00 Walking-Webb Park 12:00 Poker 1:00 Wii Bowling NO TAI CHI NO CHORAL GROUP	10:00 Blood Pressure 10:00 Muscles in Motion 10:30 Masters Writing 11:15 Line Dancing 12:30 Writers Workshop	SHINE - by appt* 10:00 Band 10:00 Walking-Webb Park 12:00 Bingo 12:30 Cribbage	9:00 Atty O'Neil* 10:00 Muscles in Motion 12:00 Poker 1:00 Movie
7	8	9	10	11
10:00 Muscles in Motion 10:00 Friends Board 12:30 Whist 1:00 Left, Right, Center 1:00 Water-based oils	9:00 Woodcarving 9:30 Omelet Station 10:00 Beach Stickers 10:00 Chair Yoga 10:00 Walking-Webb Park 10:00 Knitting 12:00 Poker 1:00 Wii Bowling 1:30 Tai Chi	9:00 Foot Care* 10:00 Muscles in Motion 10:30 Masters Writing 11:15 Line Dancing 12:30 Writers Workshop 1:00 Olde Kids Band 1:30 Book Club NO TABLE TENNIS	SHINE - by appt* 10:00 Band 10:00 Walking-Webb Park 12:00 Bingo 12:30 Cribbage	10:00 Muscles in Motion 12:00 Friends Luncheon 12:00 Poker 1:00 Movie
14	15	16	17	18
10:00 Muscles in Motion 10:00 Massage 12:30 Whist 1:00 Left, Right, Center 1:00 Water-based oils	SHINE - by appt* 9:30 Atty Levitt* 9:00 Woodcarving 10:00 Chair Yoga 10:00 Walking-Webb Park 10:00 Knitting 12:00 Poker 1:00 Wii Bowling 1:30 Tai Chi	10:00 Blood Pressure 10:00 Muscles in Motion 10:00 Finance/Bill Cratty 10:30 Masters Writing 11:15 Line Dancing 12:30 Writers Workshop 1:30 Table Tennis	SHINE - by appt* 10:00 Band 10:00 Walking-Webb Park 12:00 Bingo 12:30 Cribbage 1:00 Hearing	10:00 Muscles in Motion 12:00 Poker 1:00 Movie
21		23	24	25
10:00 Board Elder Serv. 10:00 Muscles in Motion 12:30 Whist 1:00 Left, Right, Center 1:00 Water-based oils	SHINE - by appt* 9:00 Woodcarving 10:00 Walking-Webb Park 10:00 Chair Yoga 10:00 Knitting 12:00 Poker 12:00 Sunrise Lunch 1:00 Wii Bowling 1:30 Tai Chi	10:00 Muscles in Motion 10:30 Masters Writing 12:30 Writers Workshop 1:30 Table Tennis NO LINE DANCING	SHINE - by appt* 10:00 Band 12:00 Bingo 10:00 Walking-Webb Park 12:30 Cribbage	10:00 Muscles in Motion 12:00 Poker 1:00 Movie