

Asterisk * Indicates By Appointment Only

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1		2		3		4		5	
10:00 Friends Board			SHINE - by appt*	10:00 Blood Pressure			SHINE - by appt*	10:00 Atty O'Neil	
10:00 Muscles in Motion		9:00 Woodcarving		10:00 Muscles in Motion		10:00 Band		10:00 Muscles in Motion	
12:30 Whist		10:00 Chair Yoga		10:30 Masters Writing		12:00 Bingo		12:00 Poker	
1:00 Left, Right, Center		10:00 Knitting		11:15 Line Dancing		12:30 Cribbage		1:00 Movie	
1:00 Painted by Me Art		12:00 Poker		12:30 Writing Class					
		1:00 Wii Bowling		1:00 Olde Kids on Block					
		1:30 Tai Chi							
		1:30 Choral							
8		9		10		11		12	
10:00 Massage			SHINE - by appt*	9:00 Foot Care*			SHINE - by appt*	9:00 Foot Care*	
10:00 Muscles in Motion		9:00 Woodcarving		10:00 Muscles in Motion		10:00 Band		10:00 Muscles in Motion	
10:00 Rec Club		10:00 Chair Yoga		10:30 Masters Writing		12:00 Bingo		12:00 Poker	
12:30 Whist		10:00 Knitting		11:15 Line Dancing		12:30 Cribbage		12:00 St. Pat's Luncheon	
1:00 Left, Right, Center		12:00 Poker		12:30 Writing Class				1:00 Movie	
1:00 Painted by Me Art		1:00 Wii Bowling		1:30 Ping Pong					
		NO Tai Chi		1:30 Book Club					
15		16		17		18		19	
10:00 Muscles in Motion			SHINE - by appt*	10:00 Blood Pressure			SHINE - by appt*	10:00 Muscles in Motion	
12:30 Whist		9:00 Woodcarving		10:00 Muscles in Motion		10:00 Band		10:00 Mass EDP	
1:00 Left, Right, Center		9:30 Atty Levitt*		10:00 Finance/Bill Cratty*		12:00 Bingo		12:00 Poker	
1:00 Painted by Me Art		10:00 Chair Yoga		10:30 Masters Writing		12:30 Cribbage		1:00 Movie	
		10:00 Knitting		11:15 Line Dancing		1:00 Hearing			
		12:00 Poker		12:30 Writing Class					
		1:00 Wii Bowling							
		NO Tai Chi							
22		23		24		25		26	
10:00 Board Elder Serv			SHINE - by appt*	10:00 Muscles in Motion			SHINE - by appt*	10:00 Muscles in Motion	
10:00 Muscles in Motion		9:00 Woodcarving		10:30 Masters Writing		10:00 Band		12:00 Poker	
12:30 Whist		10:00 Chair Yoga		11:15 Line Dancing		12:00 Bingo		1:00 Movie	
1:00 Left, Right, Center		10:00 Knitting		12:30 Writing Class		12:30 Cribbage			
1:00 Painted by Me Art		12:00 Poker		1:30 Ping Pong					
		1:00 Wii Bowling							
		1:30 Tai Chi							
29		30		31					
10:00 Muscles in Motion			SHINE - by appt*	10:00 Muscles in Motion					
12:30 Whist		9:00 Woodcarving		10:30 Masters Writing					
1:00 Left, Right, Center		10:00 Chair Yoga		11:15 Line Dancing					
1:00 Painted by Me Art		10:00 Knitting		12:30 Writing Class					
		12:00 Poker							
		1:00 Wii Bowling							
		1:30 Tai Chi							