



# Weymouth Recreation

Where the fun and the friendships begin!

[www.weymouth.ma.us/recreation](http://www.weymouth.ma.us/recreation) - 781-682-6124



**April Edition, 2014**

## RECREATION NEWS:

### Wey-Fun April Vacation Program

April 21<sup>st</sup> - 25<sup>th</sup>

Space is limited and is filling fast.

Don't wait until it's too late – sign up now!

See page 5 for details.

**Junior Police Academy** – Watch for lottery applications at your school in April. This program is for all current 4<sup>th</sup> graders.

**Summer Shirts and ID's** go on sale April 23<sup>rd</sup>.

**Junior Volunteers** – We are still accepting applications for Junior Volunteers. Applications received by April 30<sup>th</sup> will be included in the May 7<sup>th</sup> slot selection. All open slots after May 7<sup>th</sup> will be filled on a first come first serve basis.

### Scholarship Applications –



Scholarship Applications are now available! Awards will be processed within one week of receipt of completed form.

### Inclement

#### Weather Policy:

All storm related program cancellations will be posted on

[www.weymouth.ma.us/rec](http://www.weymouth.ma.us/rec).

Please check the web-page or call **781-535-2245** if you have any questions regarding the weather and the subsequent status of a scheduled evening or weekend program or birthday party.



### Donate your used shirts –

Don't store them - donate them now and help send a child to camp in 2014 – sales benefit the scholarship program!



### Summer Book 2014

Registration has begun!

Pick Up your Summer Book today at our office, Town Hall, all town libraries and the McCulloch Building.



### Registration in 4D Decide, Discounts, Deposit (*Summer Only*) and Deadlines

See page 4 of the Summer Book.

Please review the **REFUND POLICY** (page 5 of the Summer Book). Our latest evolution of this policy lets you recoup all your program fees except the non-refundable deposit – until you pay your entire bill.

**Summer Program Balances are due by June 1st.**

### Table of Contents:

Page	Program Description
2.....	Archery, Creative Art, T-Ball, Herring Run Clean Up
3.....	Weymouth Fit Club, Cooking, Watercolors Art Class, Adult Hoop
4.....	Adult Martial Arts, Swim Lessons, Street Hockey & Campfire
5.....	April Vacation Wey-Fun Program
6.....	Pond Meadow Information
7.....	FAQ's & Birthday Parties
8.....	Weymouth Website, Club Invention.

### PLEASE NOTE:

The Town of Weymouth has a new website. See page 8 for more information.

### Archery (7-12 & Adults) (WR)

**When:** Saturdays, May 3<sup>rd</sup> – June 14<sup>th</sup>

**(No Class May 24<sup>th</sup>)**

Memorial Day Weekend

**Times:** 9:15 -10:15 a.m. (ages 7-12)

~~10:20 – 11:20 a.m. (Class Sold Out)~~

11:25 – 12:25 p.m. (Adults)

**Where:** McCulloch Bldg. Min:10/ Max:12



### Sprouts T-Ball (3-4) (4-6) (WR)

**When:** Fridays, May 2<sup>nd</sup> – June 13<sup>th</sup>

**(No Class May 23<sup>rd</sup> Memorial Day Weekend)**

**Time:** 5:00 – 5:50 p.m. (ages 3-4)

6:00 – 6:55 p.m. (ages 4-6)

**Where:** McCulloch Bldg. Min: 36 / Max:48

Fee	\$24
-----	------

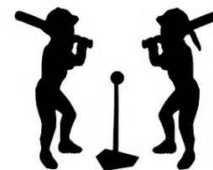
This 6 week Instructional T-Ball program will include individual and group drills along with nightly intramural scrimmage games. Having a 4 team format will allow each player plenty of action and

individualized attention and instruction in a fun, supportive, and nurturing environment.

Held on the outside playing fields, this activity will be “weather dependent.” If inclement weather causes a cancellation, a make-up classes will be scheduled at the end of the session.

Players should wear sneakers and comfortable clothing, and bring a glove and water bottle.

(Cleats are not necessary)



Fee	\$30
-----	------

These classes are designed for novices and experienced participants alike. All equipment is provided. George Williams, a certified N.F.A.A. instructor, and C.B. Keith will lead this program. These six week sessions run throughout the school year on Saturdays at 11:30 a.m., with an abbreviated summer program being offered on Saturdays at 10:00 a.m. The Program is held in the gymnasium, and weather permitting moves outside during the spring & summer seasons.

### Creative Art Workshop (7-12) (V)

(Free Style Clay)

**When:** Thursdays, May 22<sup>nd</sup> – June 26<sup>th</sup>

**Time:** 3:45 – 5:00 p.m.

**Where:** Teen Center Min: 5/ Max: 10

Fee	\$80
-----	------

To kick off the last Creative Workshop of the school year before summer vacation, we have a free-for-all workshop. Children will let their imaginations run wild as they create new and exciting sculptures and pottery pieces.



### WEYMOUTH HERRING RUN

#### CLEAN UP DAY

**Saturday, April 5, 2014**

8:00 A.M. Behind Niko's Restaurant

Meet at Herring Run Park



Refreshments Provided. Please Bring Gloves and Appropriate Clothing for Work Along the River  
For more info call 781-749-0189

**THANK YOU!**

The Herring Run Committee

## Weymouth Fit Club (16+) (V)

**When:** Wednesday evenings

**Time:** 6:30 – 7:30 p.m.

<b>Fee</b>	<b>FREE</b>
------------	-------------

Contact Denise MacDonald @  
[info@denisemmacdonald.com](mailto:info@denisemmacdonald.com)

Come join us for free training classes that feature a variety of popular Beach body fitness programs such as P90X, Insanity, Focus T25, and Les Mills Pump as seen on TV. Classes will be a mixture of live and video workouts lead by P90X and Insanity certified trainers. The workouts featured will vary from week to week and include body-weight training, cardio, plyometrics, core work, martial arts and yoga. All are welcome as the moves in these workouts are modifiable to accommodate all fitness levels. Nutritional and training advice is available at the end of each session. Towel, water, yoga mat and positive attitude are all that you need to bring.

## Cooking Class (21+) (V)

### Stir Frying-Pan Asian

**When:** Saturday, May 17<sup>th</sup>

**Time:** 6:00 p.m. - 9:00 p.m.

**Where:** McCulloch Building

<b>Fee</b>	<b>\$40 per person, \$75 pair</b>
------------	-----------------------------------

Minimum: 2 (singles or pairs) maximum: 6

Join chef Mark on a culinary adventure that is sure to WOW your significant other, your friend, or yourself! Focusing on Asian Cuisine in the form of three stir-fry dishes; our discussion will go beyond the recipe, and will include shopping tips, timing and planning strategies in the kitchen, and how to create an atmosphere and look that compliments your meal. Come by yourself, or with a companion, and enjoy the process as much as you will enjoy the meal! Class will run for about 2 hours and then stay and enjoy the fruits of our labor.

### Menu:

**Appetizer:** Lettuce wraps with Chicken and Cashew

**Mains:** Pork, Bell Pepper, Whole Snow Pea, and Water Chestnut, Hoisin Sauce

Thinly-sliced Beef, Shitake Mushroom, Oyster Mushroom, Onion, Garlic, Oyster Sauce  
Shrimp, Peanut, Garlic, Ginger, Sweet & Green  
Onion, Thai Pepper, Honey Ponzu Sauce

**Dessert:** Fresh Fruit and Honey Green Tea



## Watercolors for Spring II (18+) (V)

**When:** Thursdays, May 15<sup>th</sup> – June 19<sup>th</sup>

**Time:** 9:00 a.m. – 10:30 a.m.

**Where:** Teen Center Conference Room

Minimum: 5 / Maximum 20

<b>Fee</b>	<b>\$119.00</b>
------------	-----------------

Begin your spring with watercolors! Watercolor is a translucent medium that sinks into the fiber of a sheet of paper, releasing the light from the surface. Watercolor dries fast, enabling one to work quickly with freshness and spontaneity. Explore the fundamentals of watercolor painting, with an emphasis on exploration and personal expression. Students will work from observation investigating subjects ranging from botanical to landscape. So if you have always wanted to learn how to paint, starting out with watercolors is a simple and creative step towards opening your artistic possibilities! All you'll need is a box of watercolors, a brush and some beautiful paper. Bring supplies; a short and inexpensive list will be sent to registrants.

Each session meets once a week for 6 weeks

## Adult Hoop!

Last month of the season to play, as Adult Hoop will finish up this month.

**When:** Saturdays afternoons and Tuesday evenings. Usually at Chapman Middle School or the High School but locations can sometime change at the last second – check where “the game” is at: [www.weymouth.ma.us/recreation](http://www.weymouth.ma.us/recreation) under Links “Adult Hoop Locations Calendar”-

<b>Fee</b>	<b>\$8.00 per player at the door.</b>
------------	---------------------------------------

**Last Date:** Saturday, April 26<sup>th</sup>



*“I’ve always believed if you put the work in the results will come out!”~Michael Jordan*

## Martial Arts Fitness/Self Defense (18+) (V)

(For Men and Women)

**When:** Thursdays, April 24<sup>th</sup> – June 26<sup>th</sup>

7:30 p.m. – 8:15 p.m.

**Where:** McCulloch Bldg. Min:8/ Max:12

Fee	\$99.00
-----	---------

Taught by Suzanne DiGiammo of Dynamic Martial Arts, this motivating and fun (10) week workout program will teach the basics of self defense while helping you reach your fitness goals. There is no self defense experience necessary and all fitness levels are welcome. We will work individually with each student and structure exercises so that everyone reaches their personal highest level of achievement. Classes are taught in a fun and safe environment. Many adults are hesitant to start something new. But the benefits of mental and



physical health, stress relief, self defense and general well being are worth taking that first step.

The rewards will be felt in all aspects of daily life. We welcome all to come join us for a great class! Join us as a solo, as a

couple, or as a group.

We look forward to seeing you in class!

Any questions about the class feel free to email:

[suzanne@dynamicmartialarts.net](mailto:suzanne@dynamicmartialarts.net)

## Swim Lessons

Pre-School PS (ages 3-4) & (ages 4-5) or Level 1, 2 and 3/4

See our 2014 Summer Book (on page 24 or online)

for swim level descriptions

**Where:** D.C.R. Pool – Broad St.

Fee	\$24.00
-----	---------

There are still a limited number of Swimming Lesson spots available.

As of April 3<sup>rd</sup>, the following classes are still available for registration.

- **Saturday**
- **Level 1 –**
- 8:10 a.m. – 8:40 a.m.
- 8:50 a.m. – 9:20 a.m.
- **Sunday**
- **PS (4-5) - 8:10 a.m.–8:40 a.m.**
- **Level 3/4 - 9:30 a.m.–10:00 a.m.**

*April is a promise that May is bound to keep. ~Hal Borland*

## Campfire

Have some outdoor fun during April vacation!

Join “Campfire” at Great Esker Park on Thursday, April 24, 9:00am-3:00pm.

Have you ever wondered what an esker is and how it is used by wildlife? We will explore the park to search for wildlife signs and tracks along the river, Learn about the esker, and play fun games.

You won’t believe what you can find right outside your door. In event of rain, we will move the fun to an indoor classroom at the park. Grades K-5. Please bring a lunch and appropriate clothing.

Register for this program at

[www.campfireusa-emass.org](http://www.campfireusa-emass.org) or call 617-745-4150 for more information.

**The Campfire program is independent from Weymouth Recreation**

**NEW**

## Summer Weekender Street Hockey League

Introducing a new Summer outdoor street hockey league played in July and August. There will be three age divisions with 9 -12 players per team. Games time may be one hour either side of listed times.

**Playoffs will be held on Aug. 23<sup>rd</sup>**

**Please note:** Age divisions overlap and it is left up to the parents to make the call of what level is the best fit for their child.

**Ages:** 6-8, 8-10 and 10+

**When:** Saturdays, July 12<sup>th</sup> – August 23<sup>rd</sup>

9:00 a.m. ages 6-8 - Minors

10:00 a.m. ages 8-10 Majors

12:00 p.m. ages 10+ Pros

**Registration Deadline:** June 12<sup>th</sup>

**Where:** O’Sullivan Playground.

Min: 18 per division.

Fee	\$32.00	After June 1 <sup>st</sup> \$40.00
-----	---------	------------------------------------

All equipment, including goalie equipment, goggles, mouth guards, and a team shirt will be provided. Players are welcome to bring their own sticks and equipment.

Rest Room facilities are available. This program is “weather dependent”. In case of inclement weather/cancellations, make-ups will be held the next day- being Sunday.



# Wey-Fun Spring Vacation Week

## April 21<sup>st</sup> – 25<sup>th</sup> @ Immaculate Conception Parish Center

In addition to our home base of activities at the Immaculate Conception Parish Center, our “On the Go” program will include swimming options at the Connell (D.C.R) Pool in Weymouth. (See specific details below.) The Spring Break promises to sell out as we have further expanded our Wey-Fun morning and afternoon programming that now includes sports mini clinics along with a science workshop, and an intro to drawing, dance for fun, and theatre games classes through our summer vendor network. (See mini clinics/workshops schedule at bottom of this page.)

Daily Fee Schedule		
Full day participants stay through lunch.		
A.M. early drop-off begins at 8:00 a.m. No charge		
Morning	8:30 a.m.– 12:30 p.m.	\$15.00
P.M. early drop-off begins at 12:15 p.m.		
Afternoon	12:30 – 4:30 p.m.	\$15.00
Ext. Day	4:30 –6:00 p.m.	\$5.00
On The Go	Swim / @ DCR Pool	No charge

**“Multi-Sport” Gym Games** – The large “double gym” is ideal for traditional team sports: floor hockey, basketball, soccer, and flag football, along with diamond based games such as kickball, t-ball, wiffle ball and Where’s Fenway. Each afternoon session will culminate in a series of fun-filled individual contests and team competitions including camper vs. counselor challenges.



**“On the Go”**- (Limited space) morning programs will offer 6+ participants the opportunity to **swim** at the **DCR pool** in Weymouth on April 21<sup>st</sup>, 23<sup>rd</sup>, 24<sup>th</sup>, and 25<sup>th</sup>. These activities are offered at no charge but require a separate advanced daily registration along with your corresponding Wey-Fun registration. Participants are transported by 15 passenger van. Our Red-Cross certified lifeguard staff will be in the pool to complement the D.C.R. guards on duty.



**“Kid’s Choice Zone-”** Utilizing (3) spacious adjoining classrooms, we are able to engage participants in more individual pursuits and activities within a smaller group setting throughout the day. Activities might include: table game, arts and crafts projects, chess instruction or tournaments along with specially scheduled daily segments such as Minute to Win It, Lego or Kinnex Building & Engineering Club, Karaoke, Freeze Dance and Music Fun. Be sure to check out the schedule of fun activities on your way out each day to be ready for fun the next day!



**“Kid’s Kitchen”** Open daily to provide a hands-on interactive culinary experience for kids. Daily specials will keep interested chefs busy every day—whether for their own enjoyment or to feed the hungry masses. This will be an additional activity option where kids get to eat or take home the fruits of their labor.

### WEY-FUN MINI CLINICS / WORKSHOPS:

The following activities are offered at no charge but require a separate advanced daily registration along with your corresponding Wey-Fun registration. **Register for these programs NOW! Complete details available online at [www.weymouth.ma.us/recreation](http://www.weymouth.ma.us/recreation)**

1. **Tues. 4/22:** **Intro to Drawing** - 11:00 am - noon & **South Shore Baseball Clinic** - 3:30-4:30 pm
2. **Wed. 4/23:** **Dance For Fun** - 11:00 am - noon & **Pitch Hit and Run Skills Competition** - 1:30-3:30 pm
3. **Thur. 4/24:** **Theatre Games** - 11:00 am - noon & **Wicked Cool for Kids Science Workshop** - 2:30-4 pm
4. **Fri. 4/25:** **Behn Basketball Clinic** - 3:30 - 4:30 pm



# Welcome to Pond Meadow Park

*Serving the residents of Weymouth & Braintree since 1973*

470 Liberty Street, Braintree, MA 02184 | P. 781.843.7663 | [info@pondmeadowpark.org](mailto:info@pondmeadowpark.org)

## Summer Nature Program 2014

Under the guidance of experienced counselors at Pond Meadow Park, the Summer Nature Program provides children ages six through eleven with a week of fun and education with nature. Through a combination of hikes, arts and crafts, fishing and more, children learn about the outdoor world around them.

### Features

- Nature hikes, arts and crafts, sport
- Pond Discovery Day including fishing, contests with prizes, and a cookout lunch
- Bushwhack through the Park and bring home your favorite hidden treasure
- Go Mudding and adopt a turtle or frog for the week
- Tie-dye your own T-shirt, socks or whatever!
- Discover nature in your own town plus much more!!



### Program Details & Fee

- Staffed by counselors (CORI approved)
- Space is limited— one session limit per child
- Open only to Weymouth and Braintree residents (waiting list available to others if program does not fill)
- Program is held rain or shine – dress appropriately!
- No over the phone registration
- Children must bring their own lunch, drinks and snacks (NOTE: Lunch is provided on Friday)
- **For more information, call the Park at 781.843.7663**

**Fee** – \$185 per child per one week session (one week limit due to demand).

Fee includes program t-shirt, group photo, and Friday lunch

Each Program Session runs 9:00 am to 3:00 pm, Monday through Friday

AGE 6-8	AGE 9-11
Week 1 - July 7-11	Week 2 - July 14-18
Week 3 - July 21-25	Week 4 - July 28 - Aug. 1
Week 5 - August 4-8	Week 6 - August 11-15
Week 7 - August 18-22	

**Pond Meadow  
programs are separate  
from Weymouth  
Recreation.  
Please call 781-843-7663  
for information**

Go To [www.pondmeadowpark.org](http://www.pondmeadowpark.org) for complete program and registration information

Pond Meadow Online Registration for the Summer Nature Program will begin Tuesday, May 13 at 7:00 PM.

# WEYMOUTH RECREATION FAQ's

## When and where do I get the T-shirt and ID for my child?

T-Shirts and ID's will be available for purchase beginning Wednesday, April 23<sup>rd</sup> at the Teen Center - 1393 Pleasant St. Weymouth - Children enrolled in **Wey-Fun, Esker, Wey-Fun @ Esker** and **Spouts** will be required to have their T-shirt and ID to attend their summer program. *(See office hours on pg. 1)*

## Where can I get a field permit application?

Field Permits are located online or you can pick one up at the Teen Center. Please be aware, due to the long, cold, snowy, winter, the tentative start date for field usage is April 8<sup>th</sup>.

## I heard Weymouth has a new Website. Can I still register online?

YES YOU CAN. Go to the Weymouth Recreation page <http://www.weymouth.ma.us/recreation> and simply click on the [Online Program Registration](#) link and register away! **Deep Discounts - up to 20% for summer programs through May 1<sup>st</sup>.**

## What is the refund policy?

- If Weymouth Recreation must cancel a program, you will receive a full refund.
- If you cancel prior to full payment, you will receive a full refund – minus your deposit. Do not pay in full until your summer schedule is set! **Full payments are due by June 1<sup>st</sup>.**
- Refunds are not given for disciplinary dismissal\*, failure to attend, absence, injury or sick days.
- Refunds will be by Town of Weymouth check for payments by cash or check or by crediting the credit card you used during registration. Please allow four weeks for check processing.
- Transfers & Cancellations - Once registered – you own the seat. There are no transfers or cancellations. Need to cancel? – The sooner you let us know the better your chances we can sell your seat to someone else. There are no guarantees that we will be able to sell your seat. If we can - we will credit your account.



### **Birthday Parties (Ages 3+)**

**When:** Saturdays 1:30 p.m. 3:05p.m.

**Where:** McCulloch Bldg.



Birthday parties are designed for one child or twins and activities are age specific. Parties are \$125, and details can be found on our website.

A 4:40 p.m. party may be available on dates on which the 3:05 p.m. party has been booked.

Weymouth  
has a NEW  
WEBSITE!

Check out  
the  
Recreation  
page and  
watch  
for updates.

**Links**

- 2014 Summer Book
- Adult Hoops Location Calendar
- Affiliates
- Birthday Party Form
- Facilities
- Local Weather Forecast/Tide Chart
- Online Program Registration
- Program Registration
- Wey-Fun Spring Vacation Week

**Field access date is currently April 8th! Read more**

Home > Departments > I-Z > Recreation

## Recreation

SHARE Print Send by email

**Contact Info**

### Mission Statement

The mission of the Weymouth Recreation Division is to enhance the quality of life in the Town of Weymouth by offering programs and services, in a co-operative spirit, that encourages participation in recreation, sport, leisure, and cultural activities while carefully promoting and utilizing the open space, water, conservation, and recreational resources or facilities available in the community. When you're ready to register for activities be sure to review the How to Register for an Activity page.

### Recreation Advisory Committee

Name	Title
Stephen Relly	Chairman
Art DelRosso	Member
Karen Johnston	Member
Barbara Kearney	Member
Janelle Quinn	Member

### Staff Contacts

Name	Title	Phone
Mike Doyle	Program Supervisor	(781) 682-6124
Carl Powers	Recreation	(781) 682-6124

**Recreation Calendar**

April

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

[www.weymouth.ma.us/recreation](http://www.weymouth.ma.us/recreation)



**Where big ideas become the next big thing.**

**ONLY AT CLUB INVENTION.**  
Club Invention inspires confidence in curious children like yours. Not just for a day or a week, but for a lifetime.

**Club Invention®**

**Act Now to Save Big. \$25 off through March 28.**  
**Sign up at CLUBINVENTIONNE.ORG**  
Brought to your community by local educators.

**Academy Avenue Primary School**  
Weymouth, MA  
Directed by: Daniela Collins  
July 7 - 11, 2014 from 9:00 AM to 3:30 PM  
\$220 - price reflects discount

**At Morphed!** this summer, children entering grades one through six spend their time building original prototypes, creating a personalized motor-powered vehicle and taking apart electronics to construct a pinball machine.

**Questions? 800.968.4332 or clubinventionNE.org**

**National Inventors Hall of Fame** | **United States Patent and Trademark Office, an agency of the Department of Commerce**

**STAY CONNECTED WITH US!!**



“Like” us on Facebook!  
“Weymouth Recreation”

And

“Follow” us on Twitter!!  
“@WeyRec”



**CLUBINVENTION is separate from  
Weymouth Recreation.**  
Please call 800-968-4332 or  
[www.clubinventionNE.org](http://www.clubinventionNE.org)  
for information