## **Isolation and Quarantine**

## Currently (March 16<sup>th</sup>) under CDC and DPH guidelines:

- 1. If an individual tests positive for Coronavirus,
  - a. He or she would be ordered to self ISOLATE at home and minimize direct exposure to anyone in the home, they may not have outside visitors. The ISOLATION period is at least 14 days and requires 2 negative test results to be released from ISOLATION.
  - b. Individuals who share living quarters with that individual who tested positive would be required to self QUARANTINE (even though they have not been tested) in the home and monitor their health for 14 days. If they are healthy after 14 days they can go back out into the general public without any testing.
- If an individual has been in <u>close contact with an individual who had tested positive</u> (<u>Close</u> <u>contact = being within 6ft for a prolonged period or having direct contact with secretions</u> (<u>cough</u>):
  - a. He or she would be told by medical personal to self QUARANTINE at home for 14 days and monitor their health. If they are healthy after 14 days they can go back out into the general public.
  - b. Other individuals in the home are not required to self QUARANTINE unless the other individual becomes symptomatic.