



Healthy Wey/Mass in Motion Meeting

April 7, 2016, 1:30-3:00 p.m.

Town Hall Chambers

75 Middle St.

Weymouth

Our Mission is to link individuals, neighborhoods, workplaces, municipal departments and community groups to create a healthier Weymouth.

Our Long Term Goals are to:

- increase volunteerism, funding and partnerships for common health goals
- increase community awareness and communication
- increase residents access to healthy food
- increase opportunities for residents to be physically active

Agenda Item	Desired Outcomes	Who	Time
I. Welcome/Introduction Networking	Group is familiar with other members	Val	1:30-1:45
II. Mass in Motion	Review Mass in Motion Work Plan/Small group work updates/progress	Val	1:45-2:00
III. Mass in Motion Farmers' Market	Farmers' Market planning for 2016/ Food Pantry Partnership/SNAP	Val/ Nic	2:00-2:15
IV. Evaluate current MiM Work/Select Best Strategies for 2017 Community Work	Use MiM Strategy Evidence Grid/Review MiM Guidelines and select Best Strategies for Weymouth	Val	2:15 -2:45
V. Announcements/ Upcoming Events and Programs/Set next meeting date/plus delta	Group is aware of upcoming events, next meeting and reflects on what worked well and what can be improved in the meeting	All	2:45-3:00



Thank you for coming!

Next Meeting Date: June 23, 2016