



## Healthy Wey/Mass in Motion Meeting

**May 15, 2014, 1:30-3:00 p.m.**

**Town Hall Chambers**

**Our Mission** is to link individuals, neighborhoods, workplaces, municipal departments and community groups to create a healthier Weymouth.

**Our Long Term Goals are to:**

- increase volunteerism, funding and partnerships for common health goals
- increase community awareness and communication
- increase residents access to healthy food
- increase opportunities for residents to be physically active

Agenda Item	Desired Outcomes	Who	Time
I. Welcome/Introduction	Group is familiar with other members	Val	1:30-1:35
II. June Celebration/Picnic	Awareness for plan for June end of year celebration including awards, volunteer opportunities	Val	1:35-1:50
III. Mass in Motion Update	Awareness of recent successes with MIM and future funding	Val	1:50-1:55
IV. Healthy Living Presentation	Awareness of connection between obesity and cancers Groups receives tips on healthy cooking, and practices for cancer prevention.	Judy	1:55-2:55
V. Announcements/ Upcoming Events and Programs/Set next meeting date/plus delta	Group is aware of upcoming events, next meeting data and reflects on what worked well and what can be improved in the meeting	All	2:55-3:00

Thank you for coming!  
**Next Meeting Date: Picnic-TBD**