



Healthy Wey/Mass in Motion Meeting

March 19, 2019, 1:30-3:00 p.m.

Town Hall Chambers

75 Middle St.

Weymouth

Our Mission is to link individuals, neighborhoods, workplaces, municipal departments and community groups to create a healthier Weymouth.

Our Long Term Goals are to:

- increase volunteerism, funding and partnerships for common health goals
- increase community awareness and communication
- increase residents access to healthy food
- increase opportunities for residents to be physically active

Agenda Item	Desired Outcomes	Who	Time
I. Welcome/Introduction Networking/Refreshments	Group is familiar with other members	Val	1:30-1:45
II. Mass in Motion Updates	Strategies - Complete Streets, Active Transportation Planning, Community Gardening	Val	1:45-2:00
III. Aligning Mass in Motion initiatives to Weymouth Open Space Plan/ Weymouth Food Pantry Goals-Open Discussion	Process for updating the Open Space Plan - Incorporating language into Open Space Plan that includes improving transportation to connect residents to healthy food access points/community gardening and parks. Greater Boston Food Bank has initiated some documents and a new program around creating a hunger free community.	Andrew Hultin, Open Space Plan Pam Denholm, Food Pantry, hunger free community	2:00-2:50
IV. Announcements/next steps	Group is aware of upcoming events and next steps	All	2:50-3:00

Next Meeting Date: June 18, 2019

Thank you for coming!