

# Evidence Based Programs



## **21 Proof Annual Alcohol Retailer Training Town of Weymouth**



**21 Proof**, a Responsible Beverage Service (RBS) training program for owners, managers and employees of bars, restaurants and package stores is used by the Town of Weymouth during the mandatory annual alcohol retailer training. 21 Proof was developed by the Cambridge Prevention Coalition in Cambridge, MA and teaches best practices in the sale of alcohol.

**21 Proof** is an evidence based program that is proven effective in reducing underage access to alcohol through commercial sources. Participants are required to take a pre test before each session and a post test at the end of each session.

In 2009, of the 32 individuals participating in the Weymouth Seller (package store) Training, 31 significantly increased their understanding and knowledge with 27 participants either doubling or tripling their scores on the post test.

### **2009 Policy Change to the Liquor Violation Guidelines resulting from the work of the Substance Abuse Prevention Team**

#### **The old Town of Weymouth guideline:**

All liquor license holders are required to attend an alcohol awareness training seminar, which is conducted by the Town of Weymouth.

#### **The new Town of Weymouth guideline**

The owner and manager of each licensed establishment will be required to attend the training seminar on a three year basis for certification. On the off years each establishment must send at least two employees, managers and/or servers to the training for certification.

Failure to attend the required training could result in the non-renewal of the annual alcohol license.

#### **What this policy accomplished**

Sellers, bartenders, and wait-staff are now receiving training and three year certifications in addition to the owners and managers.

# Opiate Prevention



# **Weymouth Collects Unwanted Medications and Needles**



## **Household Hazardous Waste Collection Days**

A 2005 federal government study revealed that prescription drugs are taken from home more than any other source; only 4% purchased from drug dealers.

The Communities That Care Survey conducted in the Weymouth Public Schools in September, 2009 confirmed those findings – Weymouth youth are accessing prescription drugs from their home medicine cabinets more than any other source.

As part of an effort led by the Weymouth Youth Coalition Substance Abuse Prevention Team and Mayor Sue Kay to stem illicit use of prescription drugs, the town now conducts collection of unwanted medications in conjunction with its spring and fall Household Hazardous Waste Collection Days held in the DPW Parking Lot located at 120 Winter Street from 9am – 1pm.

Collection dates are advertised in the Weymouth News, Town of Weymouth Website and fliers are sent home with Weymouth students in grades K – 4.

Residents are instructed by DPW staff to drive in to a garage used to collect the unwanted medications. Volunteer couriers bring the items to the pharmacist for counting, separating and logging the type and amount of each substance.

Police take possession of the collected substances for disposal after the event. Funding for the Police (required by the Drug Enforcement Administration) is provided by the police (in-kind contribution), South Shore Hospital, and partnerships with other coalitions. The medication collection program is possible through collaboration with the Department of Public Works, Police, South Shore Hospital and volunteer Pharmacist, Dave Morgan.

Weymouth also participates in The National Take Back Program (Got Drugs?) held in conjunction with the Department of Environmental Protection.

## Self Service MedReturn Kiosk - Weymouth Police Station

Weymouth residents can dispose of prescription and non-prescription medications 24 hours a day, 7 days a week in the Self Service MedReturn Kiosk located at the Weymouth Police Station at 140 Winter Street. The MedReturn Drug Collection Kiosk was a donation from Impact Quincy, a program of Bay State Community Services, Inc., through funding from the MA Department of Public Health, Bureau of Substance Abuse Services.

Medications should be kept in the original container (blackout name and the prescription number) or in a clear plastic re-closable bag.

### What is collected?

- Prescription Medicines (pills, capsules, inhalers, ointments, and/or patches)
- Over-the counter medicines (pills, capsules, ointments, vitamins)
- Pet medications
- Sample medications
- Liquid medicines (must be in glass or leak proof container)



### What is NOT collected?

- Medication from businesses or clinics
- Aerosols
- Needles
- Thermometers
- Bloody or infectious waste



## Self Service Needle/Sharps Kiosk -Department of Public Works

Weymouth residents can dispose of hypodermic needles/sharps Monday through Friday from 9am – 4pm in the Self Service Needle Kiosk located on the second floor of the Department of Public Works (DPW) building at 120 Winter Street. The needle disposal program is made possible by an HIV Manet Community Health Center Prevention and Screening grant funded by the Department of Public Health.

### Needle/Sharps Disposal Procedure:

- Needles must be placed in a rigid, puncture resistant plastic container with a secure cap or in a sharps container for disposal in the Needle Kiosk. Containers cannot be larger than 13 X 8 inches.
- Containers must be placed into the Needle Kiosk which operates like a mailbox.
- DPW employees **cannot** handle disposal containers.
- After disposing the needle container in the kiosk, a DPW employee will provide a **free** needle disposal container for future use.

# Anonymous Drug Tip Hotline



## Reporting suspected drug activity

**781-682-3533**

Mayor Susan Kay encourages citizens of Weymouth to use the anonymous tip line for reporting suspected illegal drug activity anywhere in Weymouth.

The telephone number is **781-682-3533**.

When using the tip line, residents are urged to leave as much information as possible including: the nature of the concern or description of the incident, location where the incident took place, any history or patterns of the activity, descriptions of vehicle and individuals involved, license plate if possible.

The Anonymous Tip line is completely confidential and callers are not required to leave identifying information. Residents, who prefer to be contacted, may leave their names and phone numbers. Those calls will be returned within 24 hours.

Mayor Kay thanks the residents of Weymouth for their continued support and commitment to ending illegal drug activity in the community.